

CelebritySecrets

“It sounds awful, but if mascara is two days old, it can look more striking”



Bad Girl Nicole has a bad habit

Nicole Faraday, who plays Snowball in Larkhall prison, has a dirty secret: she leaves her mascara on overnight. Top models do it too, she tells *Hot Stars*

FROM AN ABBA tribute singer to playing Snowball Merriman in ITV1's *Bad Girls*, Nicole Faraday has come a long way. Before landing the part of the banged-up murderess in the prison drama, Nicole had roles in *Casualty* and sitcoms *Orrible* and *Time Gentlemen Please*.

But it's *Bad Girls* – now in its fifth series – which provided Nicole, 26, with her big break.

Originally from Swanwick in Dorset, she now lives in Greenwich, south London, with her boyfriend, fellow actor Dean Lepley, 36, who she has been dating for six years.

Here she reveals why she sleeps in her mascara and how her favourite outfit was once worn by her dad!

What make-up products do you swear by?

Max Factor 2000 Calorie Mascara, which I always use. And Nivea Lip Rose balm, which is really cheap, but it has a slight pink colour to it. If I haven't got any other make-up on and I've only got that pink lip balm it always makes me feel better. I also swear by Yves Saint Laurent's Touche Eclat. I've recently got into Estée Lauder Idealist Skin Refinisher. It's this absolutely amazing face cream. If I'm feeling a bit tired and I put that on, it always makes my skin look a bit brighter and less wrinkly. I use quite a mixture of products. I wash my face with Clean & Clear face wash, which I've used for years and years. If I'm feeling greasy or spotty, it seems to work.

What's your top beauty tip?

This sounds awful – but then I read in a magazine that for top catwalk shows they often do this with models – I wash all my make-up off at night, but then sometimes I leave my mascara on. Then, the next day, it looks better if you add one little coat of mascara. Somehow, if it's two days old, it can look more striking. It sounds awful – but I do wash everything else off.

How do you keep your hair in good condition?

I went through a phase a few years ago when I used to bleach it all the time and it got really damaged. But for the last six years or so, I've just been getting tint highlights in the top section so most of it is my natural colour now. I alternate shampoos and conditioners because I think if you use one product for too long, it builds up in the hair.

Do you exercise or diet to keep your shape?

No, not at all. Although in the summer I'm a lot fitter. I grew up by the sea and I go down and stay with my family for quite a long time during the summer. And if it's slightly warm enough I'll always be the first one swimming in the sea. I also like to go horse riding every so often. But I must admit that I don't really do regular exercise, which I probably should – although I do live up a steep hill.

What do you do if you want to pamper yourself?

I go to the local beauty salon and have a Décléor fake tan treatment, which involves full

body exfoliation, massage and fake tan cream application. It's the best fake tan treatment I've found – and I tried out a few for the last series because Snowball had just got back from America and needed to look tanned.

How would you describe your style?

A mad, eclectic look. People laugh at me because I've always loved dressing up. I'll wake up in the morning and think, "I want to look like a Red Indian today." So I'll put my hair in plaits and wear a nice hippified dress and feathers in my ears. Then the next day, I'll think I need a bit of Seventies disco glamour. I've got lots of retro second-hand clothes.

What part of your body do you show off on a night out?

I like to vary it, so sometimes I wear a short skirt and other times I'll be in a long skirt and

revealing top. But generally I show off my face and my hair because I don't think I have a particularly fantastic figure.

If you could change a part of your body, what would it be?

My bum. I'd make it smaller.

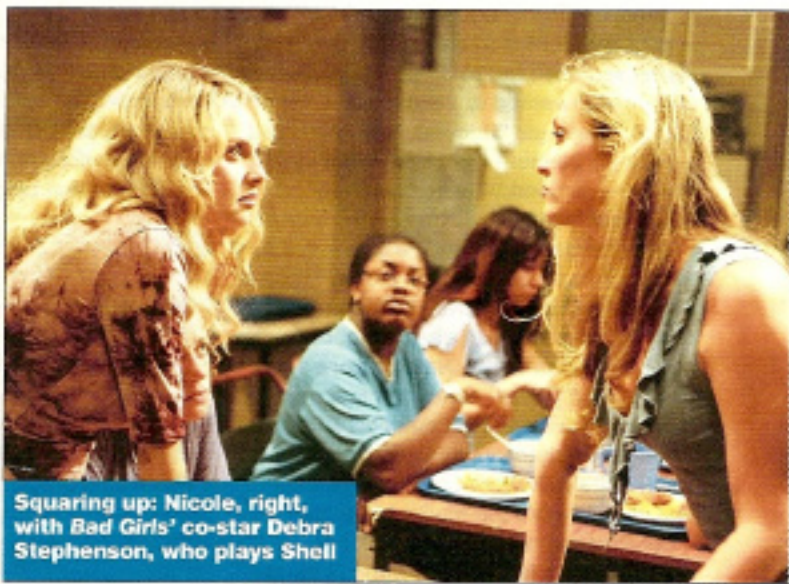
What's the worst outfit you've ever worn?

You'd have to ask my friends that because I like all of my clothes – even when people go, "Nikki, how could you wear that!"

What's your favourite outfit?

My dad's a doctor and when he graduated from medical school in the Seventies he bought a suit on Savile Row. It's a black three-piece pinstripe suit and I love wearing it with a white shirt. It's nice to have my dad's hand-me-downs as well as my mum's. *Bad Girls* is on Thursdays on ITV1 at 9pm.

Lara Elsworth-Jones



Squaring up: Nicole, right, with *Bad Girls*' co-star Debra Stephenson, who plays Shell